

SANDUSKY BAY CONFERENCE TRACK MEET

CLYDE HIGH SCHOOL TRACK

TUESDAY, MAY 7, 2024 (Lake & River Divisions only)

Field Events 3:00 p.m. / Running Events 5:00 p.m.

FRIDAY, MAY 10, 2024 (Lake, Bay, & River Divisions)

Field Events 4:00 p.m. / Running Finals 5:00 p.m.

1. **All entries** will be done online via BaumsPage. Please visit the BaumsPage website to familiarize yourself with how the entry process works. The entry window is currently open until May 6. **The online entry window will close at 10:00 p.m. on Monday, May 6th.**

Late scratches can be entered on baumspage.com until Tuesday, May 7 up to 12:00 noon for Tuesday events.

Late scratches can be entered on baumspage.com until Thursday, May 9 up to 9:00 p.m. for Friday's events. Any emergency scratches on May 7 or May 10 need to be done at the finish line as you arrive.
2. **TEAM DROP-OFF & BUS PARKING:** Buses will enter off Race Street on the east side of the stadium. They will drop off the teams at the west end gate nearest the scoreboard. Buses will continue out of the parking lot and park nearest the baseball field. **All bus parking will be in this area or in the parking lot next to the tennis courts.**
3. **TEAM AREAS/CAMPS:** Teams may set up their camps in the grassy areas on the west end of our stadium outside the fenced-in track area. **CAMP AREAS** will be marked off so please make room for other teams. **NO CAMPS** will be allowed in the infield turfed area inside the track. **NO CAMPS** will be allowed underneath the bleachers. **NO CAMPS** will be allowed in the stands.
4. **BULLPEN/CHECK-IN:** All running events will check in at the west end of the track/stadium, outside of the track, between the two white buildings.
5. The running track is a mondo-type surface. Flats or shoes with a maximum of 1/4" are permitted on this surface.
6. Contestants must wear school-issued uniforms with school-issued numbers. We will follow the National Federation Rules for tights and undershirts, especially the relay teams. There is to be no lettering on undershirts. Please follow the rules on the maximum number of logos.
7. **SHOT & DISCUS:** 3 throws in preliminaries; top 9 go to the finals; 3 throws in the finals; all 6 throws count in the final results. **Implement weigh-ins will be inside the locker room, under the home bleachers, and will be weighed in from 2:00-2:30 p.m. (on Tuesday) and 3:00-3:30 p.m. (on Friday) as you arrive.**

8. **LONG JUMP:** **(Lake) Tuesday, May 7**
 Open pit for prelims & finals from 3:00-4:00 for girls
 Open pit for prelims & finals from 4:00-5:00 for boys
(River) Friday, May 10
 Open pit for prelims & finals from 4:00 -5:00 for girls
 Open pit for prelims & finals from 5:00-6:00 p.m. for boys.
 (Finals will be run at the conclusion of the prelim jumps for each the girls & boys)
 (3 jumps in prelims; top 9 advance to finals for 3 more jumps; all 6 jumps count in final results)
- POLE VAULT:** Boys will start at **TBD** and go up 6” increments until completion.
 Continuing flights (five alive) will not be used.
 Girls will start at **TBD** and go up 6” increments until completion. Continuing flights (five alive) will not be used.
 When one athlete/jumper is left, then he/she can determine the height increments to finish.
 The girl's pole vault will be run until completion, followed by the boy's pole vault.
- Pole Check-in:** **Tuesday, May 7 (River Div. girls & boys) 2:00-2:45 @ event site.**
Friday, May 10 (Lake Div. girls & boys) 3:00-3:45 @ event site.
9. **HIGH JUMP:** Will start at **TBD** for girls and **TBD** for boys, and move in 2" increments until completion. Continuing flights (5 alive) will be used.
 (Girls will jump after completion of boysjumps)
10. The 400 relay exchange colors are all black triangles or the gray track. The 800 relay exchange colors are red, red, and black.
11. 11. The 3200 relay will be staggered for two curves.
12. The 1600 relay will be staggered the first three turns.
13. The 800 will be run from a two-turn stagger.
14. The 1600 and 3200 will be staggered for one curve and the contestants will be boxed two per lane.
15. Relay Cards will be used and issued to coaches. Six names for each relay will be allowed on the cards.
16. **Admission** charge for both days, May 7 and May 10 is: \$10.00 for adults and \$5.00 for students per SBC Track Meet admission bylaws.

17. **Championship Trophies** are presented to the champions of each division at the conclusion of the meet.
All SBC Conference Medals: 1st Place (Gold), 2nd Place (Silver) & 3rd Place (Bronze) Medals

We will not use an award stand & present awards during the meet. To keep the meet moving in a timely manner, all coaches will be asked to pick up their awards packet/box at the conclusion of the meet in the main locker room under the stadium. We will put all boy & girls awards together from the same school for coaches to distribute later to their kids.

18. **Outstanding Performer Award:** There will be (2) outstanding performer awards given out per division. One for the most outstanding running performance, and one for the most outstanding field event performance. Coaches will place their votes at the conclusion of the meet. Ballots will be in our meet-day packets. Coaches will be asked to turn in at the finish line area as the meet ends. Awards will be announced and handed out at the conclusion of the meet.
19. Please make marks for exchange zones and areas with tennis balls. NO chalk or tape, please!!!
Chalk or tape can be used to mark the high jump approach. No marks of any kind can be used on the long jump approach surface or the pole vault approach surface.
20. **Please keep the HJ and LJ areas clear of all non-contestants. Coaches may go anywhere.**
21. **The concession stand will be open both afternoons & evenings and operated by our Athletic Booster Club.**
22. **SBC Track & Field T-shirts will be available to purchase on-site at the concession area.**
23. **Scoring will be 8 for open events (10-8-6-5-4-3-2-1) and 6 for relays (10-8-6-5-4-3) for both 6-team Lake & Bay Divisions. Scoring will be 8 for both open events and relays (10-8-6-5-4-3-2-1) for the 10-team River division.**
24. Once the competition begins, a coach may substitute for an injured or ill athlete only. The athlete being removed may no longer participate in the meet.
25. **We will follow the state format for advancement to the finals. The top (2) runners from each heat will advance and then the next (4) best times in either heat will also advance.**
26. Any questions, contact Matt Flewelling at 419-217-0193 or Jake Jenne at 419-680-4235.